

# CALGEL



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## HOW TO BEAT THE BEAUTY CLOCK

*Written by: Abby Knight* - Rated 0.00 out of 5, 0 people have rated it.

# Has winter got you all down in the mouth?

This is the key time for women to consider having a face lift but according to consultant surgeon Ragiv Grover, the latest salon techniques and advanced creams means the average of 45 for women to have surgery can be delayed for at least five years – sometimes for good! Feeling better? Now read on for this month's look at the latest anti-ageing treatments that could work wonders for you!



**Q.** "I've just booked to go on a spring cruise and have noticed lots of tiny thread veins around my knees and ankles? Is there anything treatment I can have to alleviate them in time? Jean Rivers, 43, from Liverpool

**A.** Sclerotherapy is the obvious treatment for thread and leg veins: it involves having them injected with a special chemical agent that causes swelling in the veins wall which eventually destroys it without any side effects. Depending on the size and shape and network of veins, you usually need up to three treatments with prices from £220. Available at Collagenics Clinics nationwide, call 0845 330 3077 or visit [www.collagenics.com](http://www.collagenics.com) for details.

If veins aren't so obvious, you could try Coverderm Vanish James, clinically proven to fade leg veins by up to 28% after 12 weeks of use, the key ingredients include vitamin K, marine brown algae and horsechestnut which work together to rev up microcirculation, helping to improve and eventually fade thread veins. Price £36.95, call 0845 230 1087 for details.