

CALGEL

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Reveal

WE TRY, YOU BUY: HEEL BALM

Flat shoes and flip-flops are blighters for leaving your heels dry, cracked and sore (ouch!). So up your feet's glam factor with a soothing balm...

1 CALBROOK HEEL BALM, £2.36

Although quite hard to rub in, once it's on, it sinks into your skin and doesn't leave a heavy residue. A great one for both day and night, and perfect for keeping in your bag. ★★★★★

2 VESAGEX HEEL BALM, £4.99

It has a good consistency that rubs into your skin quite easily. The packaging's not very glamorous, but it really does the trick on hard, cracked skin. ★★★★★

3 THE SANCTUARY INTENSIVE RESCUE HEEL BALM, £6.95

This is much thinner than the rest and smells a little medicinal. It feels very soothing and is nice and slippery but isn't such an intensive treatment. ★★★★★

4 FLEXITOL HEEL BALM, £4.99

This is a totally amazing product and it really works - and quickly. The packaging is deeply unattractive - but it softens cracked skin after just a few applications. ★★★★★

5 CHAMPNEYS INTENSIVE CRACKED HEEL TREATMENT BALM, £6

This one is really thick and quite tricky to squeeze out of the tube. It definitely does the job, but is a little too greasy to apply through the day. ★★★

WINNER

TOP TIP: SLAP CREAM ON HEELS BEFORE BED AND WEAR SOCKS FOR AN INTENSE MOISTURE HIT

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